

{Speak Up}

{Reach Out}

REACH
OUT.COM

National Suicide Prevention Lifeline
1-800-273-TALK (8255)

CrisisChat.org



Office of
Mental Health

Suicide Prevention Initiative High School Poster Project

East Greenbush Central School District, Columbia High School: *Speak Up, Reach Out* by Josh Cucueco

www.omh.ny.gov



(Android)



(iOS/Apple)



(Windows)