

*It gets better*

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*When you open up*



**National Suicide Prevention Lifeline  
1-800-273-TALK (8255)**



**Office of  
Mental Health**

## Suicide Prevention Initiative High School Poster Project

East Greenbush Central School District, Columbia High School: *It Gets Better* by Frank Lovely

[www.omh.ny.gov](http://www.omh.ny.gov)



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(iOS/Apple)



(Windows)