

YOUR
EXISTENCE
GIVES ME
HOPE



**REACH
OUT.COM**

**national suicide Prevention lifeline
1-800-273-Talk(8255)**


CrisisChat.org
Online Emotional Support



**Office of
Mental Health**

Suicide Prevention Initiative High School Poster Project

East Greenbush Central School District, Columbia High School: *Your Existence Gives Me Hope* by Cameron Yowel

www.omh.ny.gov



(Android)



(iOS/Apple)



(Windows)