



DON'T LET
YOUR
FRIENDS
FIGHT
ALONE

BE WILLING TO HELP
PREVENT SUICIDE.
HAVE THE COURAGE TO
GET HELP FOR A BUDDY.



CrisisChat.org

National Suicide Prevention Lifeline
1-800-273-TALK (8255)

**REACH
OUT.COM**



Office of
Mental Health

Suicide Prevention Initiative High School Poster Project

East Greenbush Central School District, Columbia High School: *Don't Let Your Friends Fight Alone* by Zach Doty

www.omh.ny.gov



(Android)



(iOS/Apple)



(Windows)