

SPEAK UP

REACH OUT



crisischat.org

National Suicide Prevention Lifeline
1-800-273-TALK (8255)

**REACH
OUT.COM**



**Office of
Mental Health**

Suicide Prevention Initiative High School Poster Project

East Greenbush Central School District, Columbia High School: *Speak Up, Reach Out* by Michelle Mazzotti

www.omh.ny.gov



(Android)



(iOS/Apple)



(Windows)