



P H E L P S
MEMORIAL HOSPITAL CENTER

Behavioral Rehabilitation Unit (BRU)

Inpatient Psychiatry

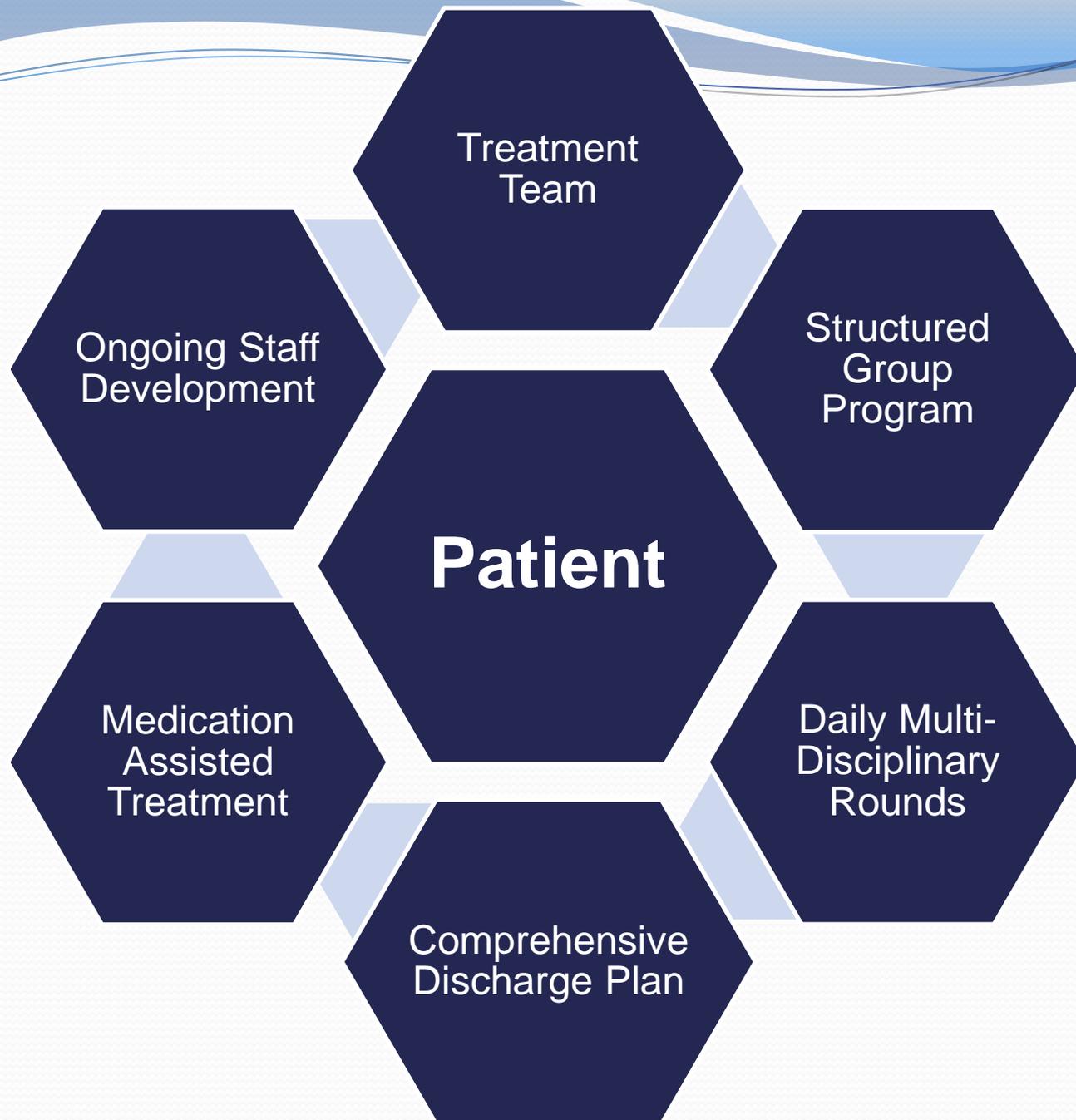
Rose Perri RN, CASAC
BRU Manager



**Located in Sleepy Hollow
23 miles North of NYC**

Phelps Behavioral Health Services

Inpatient Psychiatric Unit	22 Beds – Acute psychiatric unit for adults and geriatric patients
Inpatient Substance Abuse Rehabilitation	42 beds – Specializing in mentally ill chemical abusers (MICA) 19+ years
Outpatient Mental Health Services	Group and individual program – children, adolescents, adults and families; bilingual services available
Outpatient Substance Abuse Services	Full service outpatient substance abuse treatment and counseling, bilingual services available
Continuing Day Treatment	Day treatment for the seriously mentally ill
Health Home Care Manager Specialists	Newest service



Treatment
Team

Ongoing Staff
Development

Structured
Group
Program

Patient

Medication
Assisted
Treatment

Daily Multi-
Disciplinary
Rounds

Comprehensive
Discharge Plan

Improve Delivery of Integrated Care

Focus on Integrated Treatment (FIT)

Registered programs and staff

Assigned training modules



Wellness Self- Management (WSM)

Added curriculum to group program

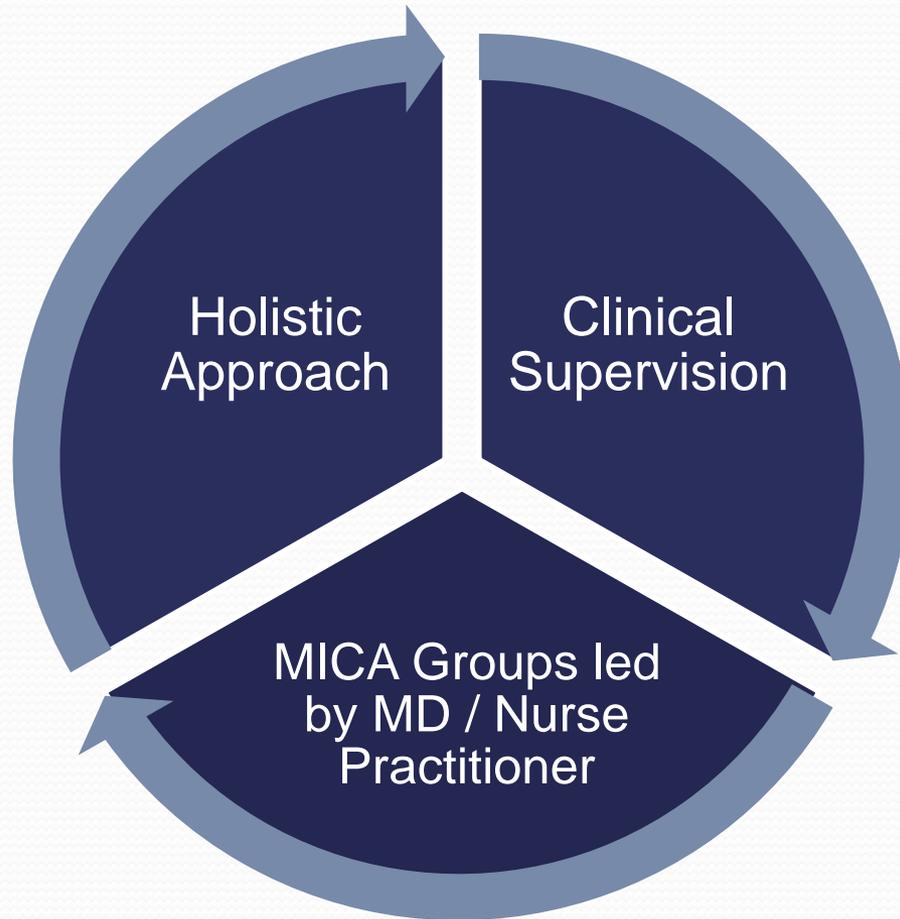


Counselor

Greeter Program

Against Medical Advice (AMA)
Treatment Protocol

Improve Integrated Care



Improve Medication Practices

Fill 30-day supply of medication on discharge

Implement use of Motivational Interviewing (MI) to increase medication adherence

Identify history of poor medication adherence on Treatment Plan

Evaluate for appropriateness of clozapine and depot medications

Increase use of Medication Assisted Treatment

Address Physical Health

Primary Care Physician Identified

History and Physical

Linkages to Medical Care

Patient Education

Optimize Discharge Process

Discharge Checklist with Teach-back

Discharge Readiness Group

Comprehensive Discharge Letter

Aftercare Plan for AMA's

Average after-care appointment 3 days post discharge
Many same day visits

Housing

Comprehensive review of prior housing placement

Begin Single Point of Access (SPOA) application

Work closely with county Department of Social Services

Foster relationships with referents

Work with criminal justice system

Group homes

Half way houses

MICA Shelters

Provide transportation to next placement if needed

Magic

Post Discharge

Follow up phone call to confirm arrival at next level of care

70% of our patients arrive at the next level of care appointment