

Integrated Care: The Maimonides Experience



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Integrated Care



- **South Beach (SB) Pilot**
 - Co-located primary care at free standing mental health clinics
- **Co-located Primary Care at Community Mental Health Clinic (CMHC)**
 - Primary care for psychiatry outpatient clinic at Maimonides
- **Behavioral Medicine Unit**
 - Integrating acute medical care for psychiatric and substance abuse patients
- **Health Home**
 - Mental Health Home → Health Home
- **Center for Medicare & Medicaid Innovation (CMMI) Innovation Award**

Impetus for Change



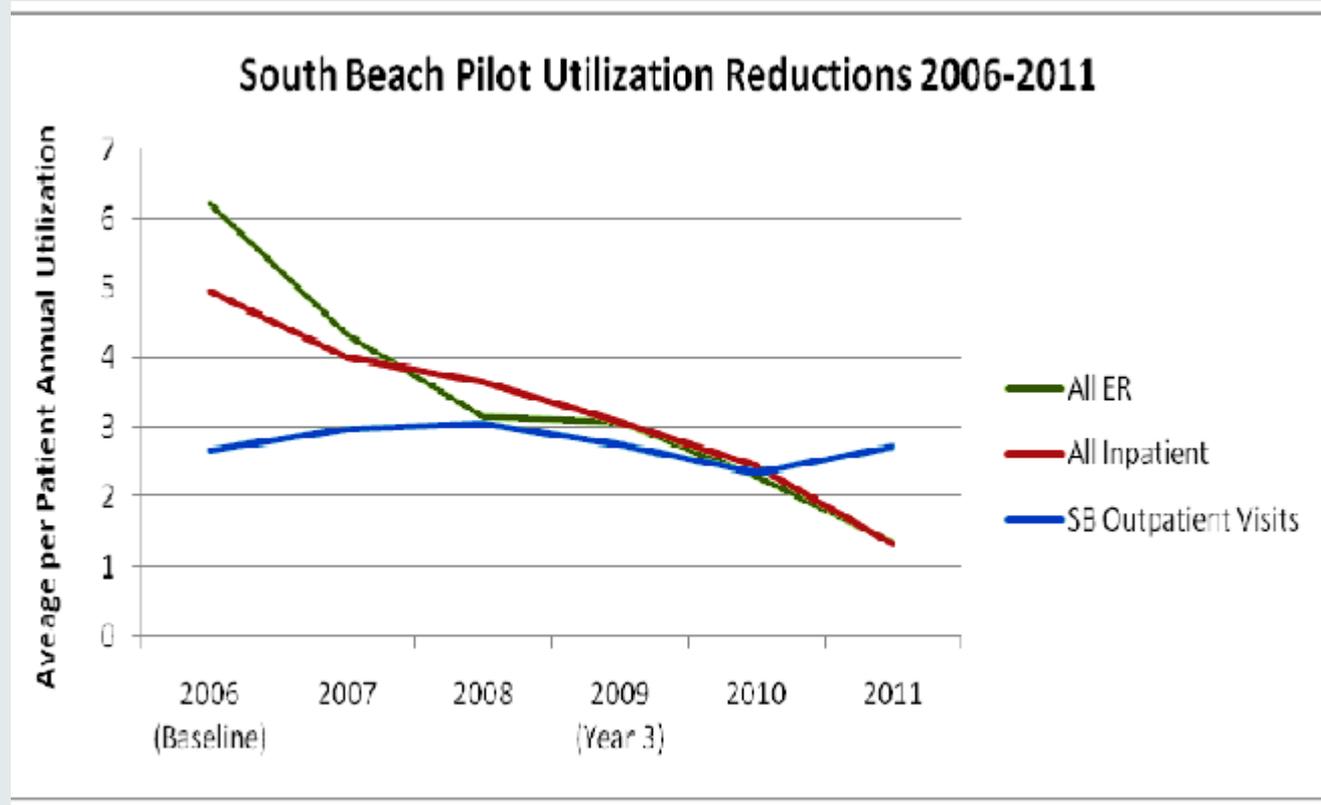
- Metabolic syndrome
 - Second generation antipsychotics and the emergence of a medical crisis

- The secondary problem
 - Health Care delivered in silos
 - An opportunity for changing attitudes and behaviors

South Beach Pilot



Data from co-located primary care at SB clinics:



Co-located Primary Care



- Hired internist with experience working in addiction, who is a registered suboxone provider.
- Set up shop within CMHC to provide primary care to CMHC patients not already enrolled in Maimonides Primary Care Clinic or receiving care elsewhere.
- Medical consultation on inpatient units.
- Medical attending when patients admitted to general medicine units for acute medical issues.
- Development of Behavioral Medicine Unit

Changing Attitudes and Behaviors



- Education, education, education
- Peer review
- Flagging charts with blank Axis III
- Medical rounds on psychiatry inpatient units
- PI project identifying problems in our metabolic screening and surveillance
- Continuous quality improvement

Health Home



- Hurdles to integrating psychiatric, substance abuse, and medical care in a coordinated care zone
- Physical co-location not possible
- Problem:
 - How to get different components of care team to talk?
- Solution:
 - Virtual co-located treatment through Brooklyn Health Information Exchange (BHIX)
 - Care managers and navigators to link components of care