

**PSYCKES: Improving the Quality of Psychotropic Prescribing Practices  
Chart Review Form: Psychotropic Prescribing for Youth**

*Instructions:* The Psychotropic Prescribing for Youth indicator set is intended to flag children and adolescents who are on higher-risk regimens of psychotropic medications. In order to determine if this individual meets criteria for the Youth indicator set, answer the following questions by checking the boxes below. You will need to know the individual's current medication regimen, and may wish to download the Psychotropic Medication Reference Table available on the [PSYCKES website](#).

Name of Reviewer: \_\_\_\_\_ Date of Review: \_\_\_\_\_  
 Client name/ID: \_\_\_\_\_ Prescriber Name: \_\_\_\_\_

List of Current Medications	Start Date

1. Is the individual younger than 18 years old?  
 No (**STOP**, this individual *does not* meet criteria for the Youth Indicator set)  
 Yes (go to Question 2)
  
2. Is the youth currently on any psychotropic medication? (See Psychotropic Medication Reference Table for a list of medications classified as psychotropics.)  
 No (**STOP**, this individual *does not* meet criteria for the Youth Indicator set)  
 Yes (go to Question 3)
  
3. Is the youth under 6 years old?  
 No (go to Question 4)  
 Yes – Very young children on psychotropics (<6yrs)
  
4. Is the youth currently taking 3 or more psychotropic medications?  
 No (go to Question 5)  
 Yes – Psychotropic polypharmacy in youth (three or more) (**3PP(Y)**)
  
5. Is the youth currently taking a higher than recommended dose *for their age group* in any of the drug classes listed below? (See Psychotropic Medication Reference Table for maximum recommended dose by age, by class.) If you check any box, the individual meets criteria for the sub-indicator: Youth on higher than recommended dose of psychotropic (**DoseY**)  
 Antidepressant  
 Antipsychotic  
 Mood Stabilizer  
 Anxiolytic/Hypnotic (anxiety or sleeping medication)  
 ADHD/stimulant medication

If you checked yes in Questions 3 and 4, and *any* box in Question 5, the individual meets quality concern criteria for the Psychotropic Prescribing for Youth indicator set (the specific sub-indicator abbreviations are in bold), and should receive a clinical review.