

Answer Key for Appendix I Exercises

Chapter 1

Person-Centered Planning and Personalized Recovery Oriented Services (PROS)

Exercise I: Implemented Person-Centered Planning in PROS

Answers for Chapter 1, Exercise I:

1-False, 2- True, 3- True, 4- False, 5- False, 6- False, 7- True, 8- False, 9- True, 10- True

Chapter 2

The Planning Process: Initial Steps to Creating the Individualized Recovery Plan

Exercise I: Strengths-Based Language. (*Answers are based on the results of group discussion.*)

Exercise II: Documentation Using Strengths-Based Language

Answers for Chapter 2, Exercise II:

1-True, 2- False, 3- True, 4- False, 5- False, 6- True, 7- True, 8- True, 9-True, 10- False

Chapter 3

Considering the Individualized Recovery Plan (IRP): The Role of the Interpretative Summary in Formulating an Integrated Understanding of the Individual

Exercise I: The IRP as a Person-Centered Tool

Answers for Chapter 3, Exercise I:

1-False 2- True, 3-True, 4- False, 5-True, 6- False, 7- True, 8- True, 9-False, 10- True

Exercise II: Prioritizing Goals (*Answers are based on the results of group discussion.*)

Exercise III: Identifying and Prioritizing Life Role Goals in PROS

Answers for Chapter 3, Exercise III

1-False, 2-True, 3-True, 4-False, 5-True, 6-False, 7-True, 8-True, 9-False, 10-True

Chapter 4

Crafting the Individualized Recovery Plan: Objectives, Services, Supports, and Interventions

Exercise I: Writing Person-Centered, Measurable Objectives (Answers are based on the results of group discussion.)

Exercise II: Understanding How Objectives Work

Answers for Chapter 4, Exercise II:
1-True 2- False, 3-False, 4-True, 5-False, 6- False, 7- True, 8- False, 9-False, 10- True

Exercise III: Writing Effective Interventions (Answers are based on the results of group discussion.)

Exercise IV: Addressing Barriers with Objectives, Services, and Interventions (Answers are based on the results of group discussion.)

Exercise V: Reviewing Goals, Objectives, Interventions, and Services

Answers for Chapter 4, Exercise. V:
1-True, 2- False, 3- False, 4- True, 5- True, 6-True, 7- True, 8-False , 9- False, 10- False

Chapter 5

The Product: Evaluating Progress and Outcomes

Exercise I: Planning for Transitions (Answers are based on the results of group discussion.)