

## New York Association of Psychiatric Rehabilitation Services (NYAPRS) Person-Centered Planning Quality Indicators

### ***We Want to Know: Tell us about your experience in treatment/recovery planning...***

As part of a broader effort in the State of New York, our agency is working hard to re-design our services so that they are consumer-centered, and driven by the needs and preferences of the people we serve. One important part of this effort is thinking about how we go about the process of treatment planning – sometimes also called service planning or recovery planning. We would like to hear from you about your experiences planning with your team, and would appreciate your feedback on the items listed below.

| <b>Person-Centered Planning Indicators: Person In Recovery Perspective</b> |  |     |    |              |
|--|--|-----|----|--------------|
| Item #   | Response   | Yes | No | I Don't Know |
| A1   | My provider reminds me that I can bring my family, friends, or other supportive people to my treatment planning meetings.  |     |    |              |
| A2   | My plan has goals (hopes and dreams) that are important to me and they are about more than just symptom management. My plan focuses on things like making friends, getting a job, and pursuing new interests |     |    |              |
| A3   | My provider asked me about parts of my culture (such as my spiritual beliefs and my cultural views) that she or he did not understand to make the treatment/service/recovery plan better for me.             |     |    |              |
| A4   | I am offered education about personal wellness, advanced directives, personalized relapse prevention plans, and Wellness Recovery Action Planning (WRAP) as part of my planning meeting.                     |     |    |              |
| A5   | I have the opportunity to work with a Peer Specialist/Coach if I want help getting ready for my planning meeting.  |     |    |              |
| A6   | I am offered a copy of my plan to review and keep.   |     |    |              |
| A7   | Staff support me in making my own decisions/choices to take risks/try new things (e.g., work, hobbies, relationships, a new apartment) instead of delaying/waiting until my symptoms are better.             |     |    |              |