

Minutes

New York City Regional Multicultural Advisory Committee Meeting of the New York State Office of Mental Health Bureau of Cultural Competency

Thursday, November 12, 2015, 10 AM — 12:30 PM

Christian Huygen and Bert Coffman, co-chairs
Frances Priester Moss, NYSOMH Bureau of Cultural Competency

1. Go around: Ask people to introduce themselves and briefly state what brought them here today. Christian and nine stakeholders attended today's meeting.
2. Review and approval of minutes from August 2015 meeting. Everyone who was present at that meeting (namely Christian and Enid) approved the minutes.
3. We viewed a Webinar on Islam and meeting the needs of Muslim recipients of care
<https://aaccp.adobeconnect.com/a946482050/p5d859yl iq4/?launcher=false&fcsContent=true&pbMode=normal>
 - a. And read and discussed this article
<http://isites.harvard.edu/fs/docs/icb.topic551849.files/Ali%20Liu%20and%20Humedian.pdf> from the journal Professional Psychology on "Islam 101: Understanding the Religion, and Therapy Implications."
 - b. There's also a helpful document at the NKI website -they've got informative materials about many of the populations that we serve here, this is an extensive document on Muslim Americans: <http://ssrdgst.rfmh.org/cecc/index.php?q=node/25>
 - c. We found the webinar and article to be very helpful and illuminating, and we recommend them to our colleagues.
 - d. It's important to show respect, to apologize when we make a mistake, and to be willing to learn from our clients and each other.
4. Discussion and selection of webinar(s) for upcoming meeting(s)
 - a. We identified the following issue for our next meeting, in February 2016: Homeless youth and mental health. Here are some potential resources:
 1. Webinar on Engaging homeless youth: Recommendations and resources
<https://www.nhchc.org/2015/07/engaging-homeless-youth-recommendations-and-resources/>
 2. Engaging Homeless Youth resource list <http://www.nhchc.org/wp-content/uploads/2015/10/youth-resource-list.pdf>
 3. Identifying and serving LGBTQ Youth: Case studies of runaway and homeless youth program grantees http://www.nhchc.org/wp-content/uploads/2014/03/rpt_lgbtg_rhy.pdf
 - b. We were also interested in the following topics for future meetings:
 1. African American elders and mental health

2. Medicaid managed care changes and how they will impact recipients of care
 3. Native American / First Nations peoples and mental health
 4. Judaism and meeting the needs of orthodox and reform recipients of care
 5. Domestic and international human trafficking
 6. Latinos and mental health
5. Discussion of RMAC advocacy
 - a. Are there issues you would like to advocate for or organize around? We have not identified advocacy issues at this time .
6. Next meeting date: 2/9/2016
 7. Adjournment at 12:20 pm